# LIFE IN <sup>客家</sup>上楼 HEKENG VILLAGE

BY LAOJIA老家

READ ABOUT OUR COMMUNITY BELOW AND PLAN YOUR NEXT ADVENTURE WITH US!

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跟随Laojia老家了解河坑客家社区, 定制你的探索之旅吧<mark>!</mark>



# OUR STORY 我们的故事

Since 2013 Laojia老家 has been connecting rural China with explorers interested in immersive experiences. By acting as bridge we aim at exposing the beauty of rural China to visitors, while at the same time encouraging its preservation and stimulating the local economy.

As of 2020 Laojia老家 has 4 locations across China.

Laojia老家自2013年起,扎根于中国乡村,为旅行者 提供传统地道的乡土体验。7年接待了50多个国家2000 多名中外客人。作为当地社区与外界的连接桥梁,我们 不仅致力于传播村寨之美,也致力于乡村文化的传承与 保护,以及当地社区的发展。

2020年,Laojia老家已在中国4个村寨落脚扎根。

Hunan, Zhangjiajie, Shiyanping village 湖南张家界市永定县石堰坪村

## OUR LOCATION 我们的落脚点

Guangxi, Lingchuan, Laozhai village 广西桂林市灵川县老寨村



Fujian, Zhangzhou, Hekeng Tulou cluster 福建漳州市南靖县河坑村

> Guangxi, Yangshuo, Langshi Village 广西桂林市阳朔县浪石村





## HEKENG VILLAGE

河坑村

There are 13 Tulous buildings in Hekeng village. 6 square earth buildings, 6 circular earth buildings and 1 pentagon earth building. Among them, the oldest one is the "Chao Shui Building" which was built in the Jiajing period of the Ming Dynasty, having a history of over 400 years and was built by the big family "Zhang Shi" who moved from Guangdong to Hekeng. After the "Zhang Family" settled, and the family grew the "Chaoshui Building" reached it's capacity. New Tulou's needed to be built, eventually resulting in the total of 13 structure you can see today. Despite the growth of the village, the family Zhang remained the main family name, resulting in Hekeng village being called "Family Zhang village". 河坑土楼共13座,6座方形土楼,6座圆形土楼,与1座五角形土楼。其中,历史最为悠久的是始建于明朝嘉靖年间的「朝水楼」,至今已有400多年历史,由从广东迁居至河坑的大家族「张氏」所建。「张氏家族」定居后开枝散叶,慢慢地,「朝水楼」已容不下更多的人,只好接二连三地建造新的土楼,直到今日看到的完整的13座土楼。

建造完成的13座河坑土楼在山谷里按「北斗七星」的阵列排开, 从河坑村对面的「狮子山」登高眺望河坑土楼群,能饱览「北斗 七星阵」的壮观之景。河坑土楼尚未被旅游业染指过深,我们还 能在这里体验到原汁原味的土楼生活方式。



## THE LOCAL HOST 我们的房东

Your host will be the lady who has welcomed us into her family from the start, Jiang Dajie . She grew up in the Hekeng area, but spend most of her adult life in the city of Xiamen where she helped out at her husbands construction company. She moved back to the village recently after she had completed the construction of her new house. Simultaneously her old house (Tulou) was being rejuvinated and is now the place where guests are being hosted.

热情好客的江大姐是我们的房东。她是土生土长的地道客家人,成年后 外出厦门打拼,与她的丈夫张大哥在厦门合开一家建筑公司。在河坑新 家竣工之后,江大姐搬了回来。江大姐在河坑建了自己的新家,而旧的 土楼老屋在重修之后,成为现在的「河坑・Laojia老家」。



"欢迎大家来河坑做客,喝茶,我们这里有世界文化遗产土楼 群,有传统的客家文化和茶文化。期待跟你见面!"

I welcome everyone for a cup of tea in Hekeng village! Our cultural heritage Tulou buildings, together with our Hakka and tea culture make our place truly unique! Looking forward to seeing you!

## 住进阳照楼 THE VILLAGE ACCOMMODATION

The earth building where our hometown is located is called "Yangzhao Building". It was listed in the World Cultural Heritage List in 2008. It is a square earth building located on the west side of the "Chaoshui Building". It was built between 1638-1643 in the Ming Dynasty, and therefore has a history of more than 380 years. Compared to several young modern earth buildings in the village like "Xiaochun Building", "Yongding Building" and "Yu Hing House" (established around 1970), the exterior wall has is clearly in less condition and the interior living spaces are more compact. However, the precipitation of history makes it exude a different charm.

我们老家所在的土楼叫「阳照楼」,2008年已被列入世界文化遗 产名录,它是一座方形土楼,位于「朝水楼」的西侧,建于明朝 崇祯1638-1643年间,距今已有380多年的历史,相比于几座年轻 的现代土楼「晓春楼」「永定楼」「裕兴楼」(1970年前后立), 外部墙体已有斑驳痕迹,内部生活设施不够智能便利,但是历史 的沉淀却让它散发着别样的魅力。









### BOOK A 3 DAY ALL INCL PACKAGE 体验三日深度之旅

Our travel packages are for those who enjoy the freedom of traveling by themselves while requiring the essentials be taken care of. By choosing a package, you'll enjoy some extra services and peace of mind.

三日深度之旅为想要省心省力,热爱深度旅行 的行者准备的,一站式全程贴心安排。





#### Our service includes 套餐包含

- Assistance with trip planning 行程完善
- Smooth Transportation, Accommodation, Food and Local Activity arrangements 交通,住宿,餐食,当地活 动一站式安排服务
- English/Chinese help-line during stay 全程中英文客服

## ITINERARY 参考行程

The sample itinerary below is for reference only and can be tailorded according to ones own travel desires. We encourage guests to craft their own trip with us! 以下进程仅为参考,可根据实际情况定制。我们鼓励旅行者定制自己的旅行计划!

#### ● MORNING 早上 | PICKUP 专车接送

● LUNCH 午餐 | HOMEMADE MEAL 阿姨私厨

A local vegetarian meal on arrival. For meat options please discuss with us pre-arrival.

抵达后,即可享用阿姨准备的农家素菜。如果您需要荤菜,抵达前请提前说明。

#### • AFTERNOON 下午 |

After you've settled in, keep relaxing around the house or make a stroll around the village

安顿后,可以在屋内放松小憩,也可以逛逛村子

#### ● DINNER 晚餐 | HOMEMADE MEAL 阿姨私厨

• REST 休息时间

Enjoy the privacy of your quiet house or feel free to mingle with villagers.

可在房中享受属于自己的安静时光,也可以到邻居家串 门喝茶聊天



#### ● BREAKFAST 早餐 | SELF-SERVED 自助

Noodles/porridge/steamed buns, eggs. Coffee/Tea. (Oatmeal also available) 新鲜的豆浆, 包子, 鸡蛋, 咖啡 / 茶, 燕麦

- MORNING 早上 | ACTIVITY 活动时间
- LUNCH 午餐 | HOMEMADE MEAL 阿姨私厨
- RELAX AT HOUSE 在家放松
- DINNER 晚餐 │ HOMEMADE MEAL 阿姨私厨
- REST 休息时间

- BREAKFAST 早餐 | SELF-SERVED 自助
- MORNING 早上 | ACTIVITY 活动
- LUNCH 午餐│ HOMEMADE MEAL 阿姨私厨
- MID-DAY 中午 | TRANSFER 专车接送

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## WHAT ARE YOU INTERESTED IN LEARNING ABOUT?

融入河坑,可以做些什么? OPPORTUNITIES FOR IMMERSION

#### LOCAL ACTIVITIES 当地活动

- Learn about tea by visiting the local organic buddhist tea plantation. 拜访安素茶园 (有机茶园,园主为佛教徒)
- Make the local rice cake specialty 制作当地特色米饼
- Explore the mountains and learn how to find fresh bamboo shoots 深山挖笋
- Hike to Yunshuiyao, one of the largest Tulou clusters in the world. 徒步云水谣 (世界第一大土楼群)
- Visit waterfall (add extra transportation fees) 瀑布探险 ( 需额外交通费 )
- Natural Hotspring (add extra transportation fees)
  天然温泉 ( 需额外交通费 )
- Visit the local distillery while visiting the "Worlds 2nd Largest Tulou" in Shiqiao village (2km from Hekeng)
   寻访酒厂和大圆寨(世界第二大圆形土楼,距河坑2公里的石桥村内)
- Tulou Model Painting. Great activity for the kids! 土楼模型彩绘(亲子项目)

and more... 还有更多等你探索....



## 3 DAY PACKAGE PRICE\* 三日深度之旅价格\*

1位 PERSON 1 bedroom, 客房1间	¥3500 / 人PER
2位 PEOPLE 1 bedroom, 客房1间	¥2000 / 人PER
3位 PEOPLE 2 bedrooms, 客房 2 间	¥1750/ 人PER
4位 PEOPLE 2 bedrooms, 客房 2 间	¥1750 / 人PER
5位 PEOPLE 3 bedrooms, 客房 3 间	¥1500 / 人PER
6位 PEOPLE 3 bedrooms, 客房 3 间	¥1500 / 人PER
7位 PEOPLE 4 bedrooms, 客房 4 间	¥1500 / 人PER
8位 PEOPLE 4 bedrooms, 客房 4 间	¥1500 / 人PER

<sup>•</sup> INCLUDE: transportation, accommodation, food , 2 x local activity, trip planning, English/Chinese help-line.

<sup>•</sup> 已含: 交通, 住宿, 餐食, 当地活动 x 2, 定制行程, 中英文客服

河坑,阳照楼 如 房东诚意满满的手册一样,一切都很 平和又不平凡,心情总是平静,但回味总是有很多华丽 的起伏。房间很棒,客厅很棒,茶和咖啡都很棒,当 然,我最喜欢的还是客厅二楼安静的榻榻米,短短的两 天一夜,我一个人的时间都是在那度过的。很神奇,土 楼真的冬暖夏凉吧,总担心外婆没有空调会睡不着,还 好,晚上总是有丝丝凉意的轻风,我睡得很好,外婆也 是……文化和人情,总是需要到当地感受的,还好即使 我表达不完整,也都记到心里了,这样就好……感恩 (杨霁琴,2019)

在Laojia居住的三天,身心灵得到净化。清晨醒来,在和 煦的晨光中漫步乡间,走去菜馆吃个清淡可口的标配早 餐,再走走逛逛,欣赏田野风光,天气稍热便回住处读书、发 呆、放空,极为惬意。午餐结束后睡个懒懒的午觉,利用有 限的一层空间做做运动,出汗后洗个热水澡,就可以期待 傍晚的落日及美味的晚餐。早起早睡的日子,简单又充 实。(Jane, 2019)

Thanks to provide such a authentic Tulou for us to visit. We traveled to other well known Tulou as well, but this is really a place most of the villages still keep their own living style, without major changes due to tourist. (Will, 2019)

LAO JIA This is our second Laojia experience as a family of 7 with 5 kids. This was a new location for us -Fujian province- and we have to say Laojia locations are some of our favorite places to be in China. The opportunity to see village life and to meet people in China who aren't tour guides but just regular people is such a unique opportunity. Village life in China is fascinating, beautiful and gives you the chance to unplug and relax. Living inside a Tulou is an amazing experience because you become an actual neighbor and can see people preparing their meals, washing their dishes and drying their clothes in the community space. Tulous are quite lively and you will hear but not understand (if you are like us) lots of loud talking and village hustle and bustle. We were warmly welcomed by the neighbors- if you have kids... go! They love kids! Your kids will be embraced and welcomed by the Ayi's and Shushu's and told to wear their layers, of course. We enjoyed several activities- painting mini tulous was fun for kids, wandering the village, and walking to the world's largest tulou down the road a few kilometers. Our favorite activity that we tried was a gorgeous hike up to a tea plantation. It has picturesque views and a kind owner. They will serve you tons of tea and you can purchase a home cooked lunch after you see the fields. As for accommodations, there are individual rooms that lock with very comfy beds and warm blankets. These are located on the 2nd and 3rd levels. The "hallways" are open to the rest of the tulou and you can also use the shared areas, which are a simple sitting area on the 2nd level and a large table area with hot pot. The table room has the shared bathroom and you can shower in there if desired. If you want to experience real rural China, you have found your place! (Andie & Andrew, 2019)

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## 预订咨询与合作,请联系

# To book your stay, or for partnership opportunities contact us here:



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